

LIMITS OF CONFIDENTIALITY

Anything you say in session is confidential. However, there are times when your therapist may have to break confidentiality. That would be:

1. If you plan to hurt yourself.
2. If you are planning on hurting another person.
3. If you are being or have been emotionally, physically or sexually abused.
4. If you are over the age of 14 years old and tell your therapist that you are having sex with someone who is under the age of 14 years old.
5. If you are younger than 14 years old and tell your therapist that you are having sex with someone older than 14 years old.
6. If you state that you or your partner has been bribed, coerced or raped.
7. If you are 14 or 15 years old and state that your partner is 21 years or older.
8. If you are of any age under the age of 18 years old and there is evidence that the relationship is exploitive.

Remember, your therapist is required by law to report this information to Child Protective Services. If a report needs to be made, your therapist will help and support you through this process.

I have read and understood what the limits to confidentiality are and what they mean.

Client Signature: _____ Date _____

Therapist Signature _____

Tina DeMattia, MA, MFT
Licensed Marriage Family Therapist

To be given to all clients ages 12-18 years old at the beginning of their first session or shortly thereafter.

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